

**Ministry Announcements for the week of January 27, 2019**

**TODAY IN WORSHIP!**

✝ A gathering of meal, worship, and meeting all rolled into one! One worship service for the day at 10:00am. Annual meeting. Brenner Hall.

**Reminder: Grace Weather Policy**

In the event a **Level 3 Snow Emergency** is issued in Lucas County, worship services for Sunday and any other activities will **automatically be canceled.**



**MOSES AND THE TEN COMMANDMENTS - VBS IN THE WINTER!**

**AN INVITATION FROM MEMORIAL LUTHERAN CHURCH**

Our program is for Pre 3 – 6<sup>th</sup> grade; we will provide dinner, Bible stories, crafts, games and activities. We will end on Friday, March 1 watching the movie 'The Prince of Egypt' beginning at 7:00 – kids can bring their sleeping bags and we will be providing popcorn, candy and water during the movie. Would love to have some of your kids join us!

We will be meeting Wednesday February 6, 13 & 20 - 6:00 - 7:30 pm (Dinner included). VBS Family Movie Night Friday, March 1 - begins at 7:00pm (Snacks included).

Sign up forms can be found on the table outside the church office.

**FEED YOUR NEIGHBOR ANNUAL REPORT FOR 2018**

During 2018, your Northwest Toledo Feed your Neighbor pantry distributed food and personal care items to 4,248 of our needy people. This total continues the declining trend of the past several years. Hopefully this trend continues, for it reflects improved living conditions in the northwest Toledo neighborhood.

- 2018 - Total 4248
- 2017 - Total 5249
- 2016 - Total 5858
- 2015 - Total 6645
- 2014 - Total 7032

Thanks to the many volunteers from different churches in the area who support our efforts. Working with the poor, you are walking in the footsteps of our Lord Jesus. Thanks for all that you do!

## LOOKING FOR VOLUNTEERS!

Lutheran Social Services Mailings - Volunteers needed..

We start at 9:00am and are usually done by 11:00am.

Feb. 14

Apr. 25

Aug. 1

Nov. 7

Please let Ruth know if you are available to help.

Ruth Moeller

rmoeller@buckeye-access.com

Or call the church office at 419-474-6403

## HEALTHY PEOPLE!

### HEALTHY PARISH!

Do you know, even people who live in the city can become stuck in snow or delayed in traffic??

Are you prepared if you get stuck in your car in winter weather?



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1. Take your cell phone and make sure it is charged. Have a phone charger in your car.
2. Make sure your gas tank is full. With low temperatures this can help prevent a frozen fuel line and you never know how long you might be delayed.
3. Carry a windshield scraper and have winter windshield washer fluid in the tank.  
**Make sure you clean your windshield before you start driving!**
4. Have a working flashlight and extra batteries.
5. Keep a blanket(s) in the car.
6. Even if you are taking a short trip dress for the weather - layers of clothing, heavy coat, mittens, scarf, hat, socks and warm boots.
7. Have a snow shovel, kitty litter or sand to help clear snow and give you some traction.
8. Jumper cables, flare or a triangle hazard sign is a good idea to keep in the trunk.
9. A First Aid kit should be in your car.
10. Carry non-perishable food like granola bars, raisins, protein bars.
11. Carry water bottles but remember to remove when you get to destination if below freezing. A clean tin can + matches + paper cup + snow = drinking water if needed.
12. Go to the bathroom before you leave home!!!

## DO YOU KNOW WHAT THE SIGNS AND SYMPTOMS OF HYPOTHERMIA ARE?

- Shivering
- Slurred speech or mumbling
- Slow shallow breathing
- Weak pulse
- Clumsiness or poor coordination
- Drowsiness or very low energy
- Confusion or memory loss
- Loss of consciousness
- Bright red, cold skin in infants

Someone with hypothermia usually is not aware of the condition because it begins gradually. The confusion also



makes them unaware that they have hypothermia. The confusion can also cause people to take risks that they normally would not do and can be very dangerous.

### **WHAT DO YOU DO IF YOU THINK SOMEONE HAS HYPOTHERMIA?**

**Call 911.** Get the person into a warm environment as soon as possible. If clothing is wet remove and replace with dry clothing and warm blankets. Wrap in warm blankets including head and neck. Do not put person in warm water, do not rub hands or feet, and do not give alcoholic beverages or let them smoke.

### **SO, WHAT HAPPENS WITH FROSTBITE?**

This is where the skin and the tissue just below the skin freeze.

With early frostbite you have pins and needles, throbbing or aching. The area becomes cold, numb and white. The areas that are commonly affected are the fingers, nose, ears and toes. As frostbite continues your skin becomes hard and frozen and when the skin has thawed blisters will form. Later the skin becomes white, blue and blotchy and the area becomes very hard and cold.

### **WHAT DO YOU DO IF SOMEONE HAS FROSTBITE?**

Always get medical attention if you think you or someone else has frostbite. Move to a warm place as soon as possible. Replace wet clothing with dry, warm clothing. Wrap the body and the area that is frostbit with warm blankets to prevent heat loss. Don't rub the area or apply direct heat (like a heating pad) as this can cause more damage to the area. Don't smoke as smoking can interfere with blood circulation to the area that has frostbite.

### **Worship Attendance**

- Numbers (averages) for 2018 (counting only Sundays, per ELCA guidelines)
  - o 9:30 average: 94
  - o 11:30 average: 16
  - o Special services average (e.g., 5th Sunday Healing; Ragtime Rick): 86
  - o Total average: 108

Other worship numbers of interest:

- o Palm Sunday 143 (no 2017 numbers available)
- o Easter 220 (no 2017 numbers available)
- o Christmas Eve 172 & 85 = 257 (2017 = 191 & 59 = 250)
- o Christmas Day 21 (2017 = 22)

### **UPCOMING DATES OF NOTE:**

Year 2020      Grace Lutheran's 120th Anniversary (Sept. 13, 2020)

# **Jo-Jo's Pizza**

**It's great pizza at ½ price on Wednesdays.**

**4336 Monroe Street**

**Wednesday February 20**

**6:00pm**

**They have great pizza, salads spaghetti and meatballs, and sandwiches. What a great time you will have sharing stories with other Grace members while eating some excellent food.**

**Sign up on the Community Board across from the office.**

**PLAN ON COMING!**